



# Scotforth St Paul's C of E Primary & Nursery School

"Let faith be your shield"

Newsletter No 9 Friday 9th November 2018

## Pupil Absence

Would parents please note that if your child will be absent from school due to illness or other reasons, you need to inform school by 9.30 a.m.

## School Times

A reminder that children can now go straight to class from 8.45 a.m. in order for the register to be taken promptly at 8.55 a.m. when the school day starts.

## KS1 Dress Rehearsal

Please note change of date—this will now take place on **FRIDAY 14TH DECEMBER AT 9.30 a.m.**

## Children in Need

Year 6 usually arrange a fund raising event, however due to all the other activities going on this term, they have decided to postpone this until the New Year. Please note that children will need to come in uniform on Friday, 16th November.

## Flu Vaccinations

The School Nurse Team will be visiting school on Tuesday, 20th November to give flu vaccinations to all the children who brought back the permission forms. If anything has changed since then, please let us know.

## FOSSY Events

**Liverpool 1 Trip** - coach will pick up outside school at 9.00 a.m. please ensure you are on time.

**'Design A Star' Competition**—This year we are running a 'Design a Star' competition for the top of the school Christmas tree. Entry forms have been given to every child and need to be returned with a £1 donation by Friday, 16th November. All proceeds will go to School. Best of luck.

## Bishop's Challenge

The 2nd Bishop's Challenge has been issued and needs to be returned on 7 December and then the December challenge will be issued.

## Boxes of Hope

Please find attached a leaflet about this charity. At assembly on Monday we had a representative from the charity explaining where your donations go. If you are interested, boxes need to be donated as soon as possible (sorry for the short notice). Spare leaflets are available from the office.

## MISSION STATEMENT

We seek to follow the example and teaching of Jesus by:

- ensuring every member of the school is valued and cared for as a member of God's family;
- providing the best education possible so that all pupils are enabled to reach their full potential in every aspect of life.



## Scotforth Superstars



Name	Nominated by	Nominated for
Faaz Bilgrami	Mrs Browne	Brilliant progress on using joined up handwriting
Etrit Llabjani Dawn Sowah	Mrs Browne	Excellent word choices when writing a poem
Anya Rowland	Mrs Dowson	Excellent work on finding the area of a triangle
Courtney Park	Mrs Dowson	Writing a brilliant adventure story
Riley Smith	Mrs Atkinson	Getting changed for P.E.
James Butcher	Mrs Atkinson	Big improvement in listening skills

## Kitchen Trophy

"For good manners at lunchtime."

Congratulations to Ella Jackson. Well Done.

**Awards will be presented during our celebration assembly on Friday, 16th November at 2.45pm**

**All welcome.**

Celebration Topics for this term:

16th November Sports      7th December Class

23rd November Class      14th December Sports

30th November Uniform/Arts      21st December 1.45 pm Church

All welcome!

## Olive Branch

The Olive Branch is collecting Chocolate Advent Calendars to give to families who are using the food bank in the lead up to Christmas. If you feel able to buy an extra one please bring to the school office by Friday 23rd November. Any other sweet/chocolate treats would also be much appreciated. Many thanks.

### Year 1

Please could you send in any SMALL cardboard boxes for their creative area. Many thanks.

### Dinner Menu/Money

The new dinner menu for this term is attached. Some meals have been moved around in order that Friday can be 'Fish & Pizza' day.

As previously mentioned, dinner money should be paid in advance. At the beginning of term every child was given a letter outlining the new School policy. If you become 2 weeks in arrears (£23.00), you will be asked to provide a packed lunch. Unfortunately a number of parents are approaching this limit, and we don't want to have to nag! Thanks.

Dinners cost £2.30 daily.

### Clubs

Monday - Football Y3,4,5 & 6 3.15—4.15pm

Tuesday - Athletics Y5/6 12.30-1pm

Basketball Y3/4 3.15-4.15pm

Wednesday - Sportz4All 3.10-4.10pm

Thursday - Karate 3.30-5.30pm

### Athletics

We will continue the Indoor Athletics Club on Tuesday lunchtimes. The first competition is on Friday 16th November. I have allocated a team but whoever comes to the club will represent the school at some point.

### Primary & Secondary School Places 2018/19

For Lancashire resident families who require a primary or secondary place in September 2019 please visit Lancashire's online system at: [www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools). Closing date for applications is Secondary 31st October 2018 and Primary 15th January 2019.

### Diary Dates

Weds 14th Nov	NSPCC assembly
Thurs 22nd Nov	FOSSY Children's Film Night
Mon 3rd —13 Dec	Book Fair
Fri 30th Nov	FOSSY Mini Market
Weds 5th Dec	5.30 –8pm Parents Consultation
Thurs 6th Dec	2-4.30pm Parents Consultation (details to follow for both)
Fri 7th Dec	'Elfridges' Secret Shopping Event
Fri 14th Dec	9.30am Xmas Presentation Dress rehearsal
	FOSSY Santa and Snow Disco
Mon 17th Dec	KS1 Nativity 6.30pm
Tues 18th Dec	KS1 Nativity 6.30pm
Weds 19th Dec	Christmas Lunch
Fri 21st Dec	Assembly in Church 1.45pm
	School Closes 3.10 pm
Mon 7th Jan 2019	School re-opens 8.55 am



# S.O.S



## Scotforth Outdoor Space



*As part of the growing FOSSY vision we have a small group interested in supporting the development of the school outdoor space to widen and incorporate the outdoors into the school experience.*

*We have started the journey by pulling together to look at ideas and have identified our first projects: as making the woodland area an accessible and usable space, and reclaiming the small allotment plot on site from the wild.*

*We are starting with some of us committing time on a Friday afternoon to bring our ideas to life and would appreciate any support that people can offer.*

*We will be putting up a board of things we are doing on a Friday so pop along and help if you can, no experience or skills needed, just enthusiasm.*

*Next meeting 16<sup>th</sup> November 8pm at The Boot and Shoe. If you have ideas, skills or just want to know more, come and join us or drop us a line at [themellors2008@icloud.com](mailto:themellors2008@icloud.com)*

# Menu

**Serving fantastic lunches everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

	Monday	Meat-Free Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Pork Meat Balls in a Rich Tomato Sauce	Veggie Brunch with Sausage & Free Range Omelette (V)	Roast Pork with Sage & Onion Stuffing & Gravy	Chicken Vegetable Tikka Curry	Crispy Battered Fillet of Fish
<b>Choice 2</b>	Fish Fingers & Chips	Baked Beans & Crispy Diced Potatoes	Organic Pasta in a Neapolitan Sauce (V)	CHICKEN CURRY	PIZZA
<b>Choice 3</b>	Baked Jacket Potato with Tuna Mayo and Chocolate Mandarlin Sponge & Custard	Baked Beans & Crunchy Side Salad	Baked Jacket Potato with Tuna Mayo and Cheese & Crackers with Apple Wedges	Baked Jacket Potato with Baked Beans (V)	Lancashire Beef Burger in a Bun with Tomato Ketchup
<b>Desserts</b>	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Shortbread Biscuit & Chocolate Milkshake

	Monday	Meat-Free Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Pork Sausages & Onion Gravy	Homemade Sweet Potato & Chick Pea Curry (V)	Roast Chicken with Sage & Onion Stuffing & Gravy	GOVON HOT POT	Crispy Tempura Battered Fish Goujons
<b>Choice 2</b>	Organic Pasta in a Tomato & Mascarpone Sauce (V)	CHICKEN POTATO PIE	PASTA	CHICKEN CURRY	PIZZA
<b>Choice 3</b>	Baked Jacket Potato with Cheddar Cheese (V)	Baked Jacket Potato with Cheddar Cheese (V)	Baked Jacket Potato with Cheddar Cheese (V)	Baked Jacket Potato with Tuna Mayo and Vanilla Sponge & Custard	CHOCOLATE POTATO
<b>Desserts</b>	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Chocolate Ice Cream Roll & Fruit

	Monday	Meat-Free Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Crispy Chicken Goujon & Crunchy Salad Tortilla Wrap	Crispy Bubble Coated Salmon Fillet	Roast Beef with Yorkshire Pudding & Gravy	Homemade Chicken & Seasonal Vegetable Pie	Golden Crumb Battered Omega 3 Fish Fingers
<b>Choice 2</b>	Free Range Omelette with Cheese & Tomato (V)	SAUSAGE BURGER	Organic Pasta in a Sweet Peppercorn & Tomato Sauce (V)	Homemade Vegetable Bait Curry (V)	PIZZA
<b>Choice 3</b>	Baked Jacket Potato with Tuna Mayo	Baked Jacket Potato with Baked Beans (V)	Hot Cheddar Cheese & Tomato Panini (V)	Baked Jacket Potato with Tuna Mayo	Baked Jacket Potato with Cheddar Cheese (V)
<b>Desserts</b>	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Ice Cream Tub & Fresh Fruit

**Weekly Menu Cycle**

Week 1  
Week 2  
Week 3

Oct/Nov  
Nov/Dec  
Dec/Jan  
Feb/Mar  
Mar/Apr  
Apr/May  
May/June  
June/July

Whilst every effort is made to produce the published menus, please note that they may vary occasionally, subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.



- Obtain a small or medium sized shoebox (NO BOOT BOXES PLEASE) and wrap the lid and the box separately with bright paper. Maximum size: L30cm x W18cm x H11cm
- Fill the box for a child aged between 3 and 14 with items from the list below - a mixture of fun and practical items: We do not specify any age groups, as our experience, when distributing the boxes, has shown that it is impractical to match these up correctly. However, families tend to be large, so swapping and sharing take place.
- Complete the donation form overleaf - please consider gift aid if you are a taxpayer, as we can claim an extra 25% on your donation (£2 becomes £2.50).
- Put the form and your £2 donation - cash or cheque - in an envelope. Place on top of the items inside the box.
- Cut out the boy or girl label and tape it on the outside of the lid, securing the box with a stout elastic band.
- Take your box to one of our Drop-off locations NO LATER THAN 12th NOVEMBER. (The boxes travel overland to Romania and have to leave by mid Nov).

### An ideal box will contain....

- A selection of toys and games such as a ball, car, doll, skipping rope, yo-yo, dominoes (sturdy toys please as these children are not used to toys and have little manual dexterity).
- Sweets (use by date at least March of next year).
- Notebook, colouring book, pen, crayons, pencils, rubber, ruler, pencil sharpener.
- Hat, scarf, mittens or gloves, a pair of socks.
- Soap and a facecloth, toothbrush, toothpaste, hair brush/comb, hair accessories.

### But please NO....

- Food (except for sweets), medicines, aerosols, liquids (shampoo, shower gel, bubbles), glass or fragile items, sharp items (knives, scissors, needles).
- War related toys (guns, tanks, soldiers), novels.
- Playdough, plasticine, loom bands

Please ensure that all items are new or in good condition and clean. All shoeboxes are checked carefully and we reserve the right to remove any unsuitable items. Occasionally it may be necessary to split very large boxes.

## A team of our volunteers visits Romania to distribute the boxes



# CUMBRIA

Registered Charity 1153106

# YOUR LOCAL SHOEBOX CHARITY



[www.boxesofhopecumbria.co.uk](http://www.boxesofhopecumbria.co.uk)





CUMBRIA

Registered Charity 1153106

## About us

We are your LOCAL shoebox charity. Our experienced team, led by 7 Trustees, and with over 100 volunteers, is committed to helping deprived communities in Eastern Europe by sending gift-filled shoeboxes at Christmas.

A small team (self-funded) visits Romania each year to distribute the boxes to the children, enabling us to give you direct feedback. We have great support from schools, churches, community groups plus many individual donors and hope that you can help us again, by filling a box and including a donation of £2 to cover transport, packaging etc. This amount is kept to a minimum as we have no staff to pay.

## Campaign dates

**November 1st to November 12th**

Schools may have their collection before this date.

## Where to take your box

A full list of our drop-off locations will be found on our website from October 1st. Examples are:-  
North West Evening Mail, Barrow; Westmorland Gazette, Kendal; Mountain Goat, Windermere; Hayes, Ambleside; Stephensons, Appleby; Sedbergh Post Office; Taylor's, Kirkby Lonsdale.

## How to contact us

**Barrow:** Rhona Teale 07821 849 992  
**Kendal:** Amanda Robb 01539 733511  
**Kirkby Stephen:** Karen Simkins 01768 371906  
**Ambleside:** Judith Dent 015394 36346  
**Lancaster:** Ann Wardlaw 01524 64164



Find us on Facebook

E: [info@boxesofhopecumbria.co.uk](mailto:info@boxesofhopecumbria.co.uk)

[www.boxesofhopecumbria.co.uk](http://www.boxesofhopecumbria.co.uk)

## From Cumbria to Romania

We are now linking with different areas of Romania to help ensure that different children receive a shoebox this Christmas. With the benefit of our experiences handing out your shoeboxes, we ask you to focus mainly on the "fun" element - small toys, games and sweets. Ideally we would like each box to contain a car, because we get fewer 'boy' boxes and sometimes boys may have to have a girl's box. You can fill a box suitable for both boy and girl if you wish - the children always share.

Our boxes go to children who have the most need - children who live in abject poverty, many of whose homes are nothing but a one-roomed mud hut; children who do not have any of the basics that we take for granted; children who are lucky if they ever learn how to read and write.

Thanks to fund raising throughout the year, as well as the use of surplus funds from the shoebox campaign, we continue to support educational projects which help children and their families to break from the cycle of poverty and fulfil their potential in life.



Please detach and put form and donation in an envelope on top of the items inside your box  
If you are paying for more than 1 shoebox or paying online please add a note to that effect.

I enclose cash/cheque for £..... (cheque payable to Boxes of hope, Cumbria)

### Are you a UK Tax Payer?

Boost your donation by 25p of Gift Aid for every £1 you donate  
Gift Aid is reclaimed by Boxes of Hope, Cumbria from the tax you pay for the current tax year  
Your address is needed to identify you as a current UK tax payer.  
In order to Gift Aid your donation you must tick the box below -

I want to Gift Aid my donation - please tick ✓

I am UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

My details (only required if Gift Aiding)  
Title: ..... First Name or Initials: ..... Surname: .....  
Address: ..... Postcode: .....  
Email address: ..... Date: .....

These details will not be shared with any other organisation.

To pay online visit: [www.boxesofhopecumbria.co.uk](http://www.boxesofhopecumbria.co.uk)



CUMBRIA

# BOY



CUMBRIA

# GIRL

More Music

# EXPRESS YOURSELF AT CHAMELEON

A NIGHT OF LIVE MUSIC,  
DANCE, SPOKEN WORD



CHAMELEON IS AN  
EVENT ORGANISED  
BY MORE MUSIC'S  
YOUNG LEADERS TO  
CELEBRATE YOUNG  
PEOPLE'S ABILITY TO  
BOUNCE BACK FROM  
LIFES' CHALLENGES

CHAMELEON IS ON 7TH  
DEC 2018 AT MORE MUSIC

From  
musicians to magicians  
and everything in-between!

If you are aged 25 or  
under and would like to  
apply to perform at our  
event, register your  
interest by sending a  
video or audio link to:  
[rachel.parsons@moremusic.org.uk](mailto:rachel.parsons@moremusic.org.uk)

**DEADLINE FOR APPLICATIONS:  
WEDNESDAY 31ST OCTOBER**

\* EXTENDED TO  
WEDNESDAY 14<sup>TH</sup> NOVEMBER \*

FUNDERS

PARTNERS